

Since 1965 Up with People has traveled the world impacting communities through host family stays, educational activities, service projects and the Up with People Show. Each Up with People Cast consists of about 100 participants (17-29 years old) from 20 countries. Cast members are trained in leadership and classroom facilitation, in order to deliver effective and engaging programs for youth in the cities and countries we visit.

Volunteer Service through School Programs

Up with People facilitates its classroom workshops and full-day seminars in local schools and universities. Programs are designed to create an interactive and safe environment for students to respectfully share and consider their values and the values of others while engaging critical thinking skills and generating open and healthy discussion. The programs are delivered on a peer-to-peer basis – youth speaking to youth, and are tailored for all age groups and class themes. Programs are presented by 3-4 Up with People participants in classroom-sized groups (20-30 students). Examples include:

50-Minute Workshops for K-12

- **International Visitors (K-2):** UWP members share games and stories from their home states, countries and cultures.
- **Personal Flags (2-5):** This art-based activity includes discussing the symbolism of flags and giving students the opportunity to design their own flag. Also includes trivia, and international language introductions & greetings.
- **Take a Stand (secondary):** Students share their opinions with the group on hypothetical choices and worldviews with example questions such as “Will the world be a better place in 25 years?” and “As an individual, I can make a difference in the world.” Students share whether or not they agree and why. Students are encouraged to learn about their similarities and differences as a group and find common ground through respectful dialogue. UWP participants bring an international perspective to the discussions. This class visit also includes opening teambuilding activities and international trivia.
- **World Dance Class:** An international group of performers teaches different styles of dance from around the world. This class is customizable for all ages, and is engaging and fun. This class requires a large space for dancing (like a gymnasium).

Culture Fair - 2 Hours (Can see approx. 400 students in 2 hours, adaptable for all ages)

Up with People's cast is made up of 100 students from 20 countries. Members from each country set up a booth with elements representing their countries such as currency, traditional dress, art, music, games, etc. Students have the opportunity to walk through the fair, interact with the students from each of the countries.

Up with People Backstage Tour

Students will attend a backstage tour which includes meeting cast members, learning about the technical elements of the production and watching part of rehearsal. This can also include an opportunity for performing arts, dance and/or vocal students to take part in our full cast warm up before rehearsal.

Participate with us!

There are many other ways local youth can get involved during an Up with People visit, including volunteering at local non-profits, or joining cast workshops and discussions. These opportunities are customized for your city, and more information is available through Up with People's tour manager and advance team.

What teachers say...

“Pupils discovered new things about their classmates and got to know each other much better.
My experience is that the working climate in the classroom is better after the Up with People visit!”

What students say...

- “I liked when we viewed our peers opinions because it shows that we all don't have the same thinking process of beliefs, but we still respect others opinions.” [sic]
- “It just made me so happy that people actually care about helping the community and they want to make a difference in the world.”